קריאת התורה

Torah Reading

1. James Moshe Jacobson Maisels, "Kaddish as Expansiveness," in Kaddish

Kaddish demands from us that we face the truth. It reminds the mourner again and again: you are still mourning. It reminds the community again and again: your friend is still mourning, still in pain, still in loss. This is how we become wise...

It can be a powerful practice to name things as they are in the presence of a loving community, expanding enough around the shame and embarrassment to admit to the fullness of one's feeling, struggles, and failures in the presence of others... Of course, to do this requires a certain kind of practice of the minyan. It requires spiritual fellows who are willing to hold that which each person expresses... It requires people who will not run from displays of emotion, confusion, failure, and loss and who will not use shame or embarrassment to tamp down "unseemly" emotional outbursts, but who will rather see their task as allowing each individual to fully hold, express, and expand around their suffering and confusion.

2. David A. Kunin, "L'eilla L'eilla (Higher and Higher): The Kaddish as Allusion to Tikkun," in Kaddish

Perhaps it is the community of at least ten required for its recitation, which provides the Kaddish's true power. As the Kaddish is recited with its communal responses, the community speaks with one voice to the mourners, as if saying: "We are here with you in your time of pain. We are here to provide comfort, and to give you the strength to continue to stand with us and with God, as partners in the creation of God's kingdom."

These responses, in this way, are as important as the mourner's recitation of the prayer itself. They are a reminder that all Jews are part of a single people, and that when one suffers all suffer. They are a reminder that *kol yisrael areivim zeh ba-zeh*, that every Jew bears responsibility for every other Jew. The responses are an affirmation to the mourners that life goes on, that the communal obligation for *tikkun olam* (that is, the "repair of the world"), expressed in the obligations of mutual responsibility, goes on...

Kaddish, meaning "holy" or "sanctification" in Aramaic, is replete with meaning. Like the comfort provided by the prayer, holiness in the Jewish tradition is not found in isolation at some far-off ashram or hidden temple. Rather, it is most often found within the community. Bringing comfort, thus expressing and recognizing our interconnection with other humans, is one means of creating a holy community.

3. Mishnah, Megillah 4:3

אֵין פּוֹרְסִין אֶת שְׁמַע, וְאֵין עוֹבְרִין לִּפְנֵי הַתֵּבָה, וְאֵין נוֹשְׂאִין אֶת כַּפֵּיהֶם, וְאֵין קוֹרִין בַּתּוֹרָה, וְאֵין מַפְטִירִין בַּנָּבִיא... פָּחוֹת מֵעֲשָׂרָה.

One does not recite the introductory prayers and blessing before *Shema*; nor does one pass before the ark to repeat the *Amida* prayer; nor do the priests lift their hands to recite the Priestly

Blessing; nor is the Torah read in public; nor does one conclude with a reading from the Prophets [haftara]... with fewer than ten.

4. Deuteronomy 31:10-13

וַיְצַוּ מֹשֶׁה אוֹתָם לֵאמֶר מִקֵּץ ו שָׁבַע שָׁנִּים בְּמֹעֵד שָׁנַת הַשְּׁמִשֶּה בְּחַג הַסֵּכְּוֹת: בְּבָוֹא כָל־יִשְּׁרָאֵּל לֵרְאוֹת שָׁתְּרְפְּנֵי יְקְנָק אֱלֹקִידְ בַּמְּקוֹם אֲשֶׁר יִבְחָר תִּקְרֵّא אֶת־הַתּוֹרָה הַנְּאת נֶגֶד כְּל־יִשְׂרָאֵל בְּאִזְנִיהֶם: הַקְהַל אֶת־הָנָּם הָאֲנָשִׁים וְהַנָּשִׁים וְהַנָּשִׁים וְהַנָּשִׁים וְהַנָּשִׁר וְגִרְדָּ אֲשֶׁר בִּשְׁעֲרִיךְ לְמַעַן יִשְׁמְעוֹ וְלָמְדֹּוּ וְיָרְאוֹ אֶת־יִקְנָק אֵלֹקיכֶם וְשָׁמְרוּ לַעֲשׁוֹת אֶת־כְּלֹ־דִּבָּרָי הַתּּנָרָה הַזֹּאת: וּבְנֵיהֶם אֲשֶׁר לֹא־יָדְעוֹּ יִשְׁמְעוֹ וְלָמְדֹּוּ לְיִרְאָה אֶלִיהָן אֱלָּה בִּיִּמִים אֲשֶּׁר אֲשֶּׁר אֲתָּם חַיִּים עַל־הָגְאָדְמָה אֲשֶׁר אַמָּם עֹבְרְיִם אֶת־הַיַּרְדֵן שֻׁמָּה לְרִשְׁתָּה:

And Moses instructed them as follows: Every seventh year, the year set for remission (*Shemitah*), on Sukkot, when all Israel comes to appear before your God in the place that [God] will choose, you shall read this Torah aloud in the presence of all Israel. Gather the people—men, women, children, and the strangers in your communities—that they may hear and so learn to revere your God and to observe faithfully every word of this Torah. Their children, too, who do not know, shall hear and learn to revere your God as long as they live in the land that you are about to cross the Jordan to possess.

5. Nehemia 8:1-17

וַיֵּאָסְפָּוּ כָל־הָעָם בְּאָישׁ אֶחָּד אֶל־הָרְחוֹב אֲשֶׁר לִפְנֵי שֵׁעֵרְ־הַמֶּיִם וַיְּאמְרוּ לְעָזֵרְא הַפֹּבֵׁר לְהָבִּיא אֶת־םַפֶּר וֹיָבִיא עָזֵרָא הַפַּבֵּן אֶת־הַתּוֹרָה לְפָגֵי הַקְּהָל מֵאָישׁ וְעַד־אִשָּׁה וּלַרְת מֹשֶׁה אֲשֶׁר־צִנָּה יְקוָק אֶת־יִשְּׁרָאֵל: וַיָּבְיא עֶזַרָא הֶבּבּוֹן אֶת־הַתּוֹרָה לְפְנֵי הַלְּהַנְי בְּקוֹם אֶחָד לַחָּדֶשׁ הַשְּׁבִינִי: וַיִּקְרָא־בוֹ לְפְנֵי הָרְחוֹב אֲשֶׁר וֹ לְפְנֵי הַקּהָל מֵאִישׁ וְעַבּיה מְעִבּייִם וְהַמְּבִיגִים וְאָזְגֵי כָל־הָעָם אֶל־בַפֶּר הַתּוֹּרָה... [פּ} עֵיְדָא הַפַּפֶּר לְעֵינִי כָל־הָעָם הְיָבְי וְאָזְגִי כְל־הָעָם הָיָבְה וַיִּבְּרָה עָזְרָא הַפַּפֶּר לְעֵינִי כָל־הָעָם אָמֵן וֹ אָמֵן בְּמְעַל יְדִיהֶם וַיִּקְּדְוּ וַיִּשְׁתַחְוֹנִי לַיקוֹק אַפָּיִם אָרְצָה: אֶת־יִקנִק הָאֵלֹים הַבְּּרְוֹל וַיְּעֲנֹה לְבְּיִבְי וְ אָמֵן וֹ אָמֵן בְּפָפֶר בְּתְנַרָת הָאֶלְים מְפְּרָשׁ וְשָׁוֹם שֶּׁכֶל וַיִּבְינִי וְשְׁבַרְבָיה וֹיְבָּיה וְתָּעָם עַל־עָמְדָם: וְיִּקְרְאוּ בַפֵּפֶר בְּתוֹרַת הָאֶלִים מְפָּרָשׁ וְשְׁוֹם שָּׁכֶל וַיִּבְינוּ בְּמָבִינוּ בְּמִּלְרִם הָבְּרָשׁ וְשָׁוֹם שָּׁכֶל וַיִּבְינוּ בַּפָּפֶר בְּתוֹלַתת הָאֶלֹקים מְפְּרָשׁ וְשְׂוֹם שֶּׁכֶל וַיִּבְינוּ בַּמָפֶר בְּתוֹרָת הָאֶלְים מְפְּרָשׁ וְשְׁוֹם שֶּׁכֶל וַיִּבְינוּ בַּמָּפֶר בְּתוֹרַת הָאָלִים מְפָּרְשׁ וְשְׁוֹם שֶּׁכֶל וַיִּבְינוּ

וַנִּאֶׂמֶר נְחֶמְיָרֶה הָוּא הַתִּרְשָׁתָא וְעֶזָרָא הַכֹּהֵן ו הַסּפֵּׁר וְהַלְוִיִּם הַמְּבִינִּים אֶת־הָעָׁם לְכָל־הָעָּם הַיְּוֹם קָדְשׁ־הוּאֹ לַיקוָק אֱלֹקיבֶּם אַל־תִּתְאַבְּלוּ וְאַל־תִּבְכֵּוּ כִּי בוֹכִים כָּל־הָעָׁם כְּשָׁמְעָם אֶת־דִּבְרִי הַתּוֹרָה... וַיֵּלְכוּ כָל־הָעָׁם לֶאֱכָל וְלִשְׁתּוֹת וּלְשַׁלַּח מָנֹוֹת וְלַעֲשָוֹת שִׁמְחָה גְדוֹלֶה כִּי הַבִּינוּ בַּדְּבָרִים אֲשֶׁר הוֹדִיעוּ לָהֶם: {פ}

ָּיֶּבְיִּוֹם הַשֵּׁנִי נָאֶסְפוּ רָאשֵׁי הָאָבוֹת לְכָל־הָעָָׁם הַכְּהָנִים וְהַלְוִיָּם אֶל־עָזַרָא הַסֹּפֵר וּלְהַשְׂכִּיל אֶל־דִּבְרִי הַתּנָרְה: וַיִּמְצְאוּ כָּתַוּב בַּתּנָרָה אֲשֶׁר צָּוָּה יְקנָק בְּיַד־מֹשֶׁה אֲשֶׁר יֵשְׁבוּ בְנִי־יִשְׂרָאֵל בַּסִּכְּוֹת בָּחָג בַּתֹּדֶשׁ השָׁביעִי...

ַיַּיַּבְּיָּ אָ ... וַיְּצֵשָׂוּ כֶל־בַּקֶּהָל הַשָּׁבִּים מִן־הַשְּׁבִי וּ סֻכּוֹת וַיֵּשְׁבָוּ בַסֻּכּוֹת כִּי לְא־עָשׁוּ מִימֵי וֹשׁוּעַ בִּן־נָוּן כֵּן בְּנֵי יִשְׂרָאֵׁל עַד הַיָּוֹם הַהָוּא וַתִּהִי שִׂמָחָה גִּדוֹלָה מִאָּד:

The entire people assembled as one person in the square before the Water Gate, and they asked Ezra the scribe to bring the scroll of the Torah of Moses with which the LORD had charged Israel. On the first day of the seventh month, Ezra the priest brought the Torah before the congregation, men and women and all who could listen with understanding. He read from it, facing the square before the Water Gate, from the first light until midday, to the men and the

women and those who could understand; the ears of all the people were given to the scroll of the Torah...

Ezra opened the scroll in the sight of all the people, for he was above all the people; as he opened it, all the people stood up. Ezra blessed the LORD, the great God, and all the people answered, "Amen, Amen," with hands upraised. Then they bowed their heads and prostrated themselves before the LORD with their faces to the ground. Jeshua, Bani, Sherebiah, Jamin, Akkub, Shabbethai, Hodiah, Maaseiah, Kelita, Azariah, Jozabad, Hanan, Pelaiah, and the Levites explained the Torah to the people, while the people stood in their places. They read from the scroll of the Torah of God, translating it and giving the sense; so they understood the reading.

Nehemiah the Tirshatha, Ezra the priest and scribe, and the Levites who were explaining to the people said to all the people, "This day is holy to the LORD your God: you must not mourn or weep," for all the people were weeping as they listened to the words of the Torah... Then all the people went to eat and drink and send portions and make great merriment, for they understood the things they were told.

On the second day, the heads of the clans of all the people and the priests and Levites gathered to Ezra the scribe to study the words of the Torah. They found written in the Torah that the LORD had commanded Moses that the Israelites must dwell in booths during the festival of the seventh month...

The whole community that returned from the captivity made booths and dwelt in the booths—the Israelites had not done so from the days of Joshua son of Nun to that day—and there was very great rejoicing.

6. Babylonian Talmud, Bava Kamma 82a

ַּעֲשַׂרָה תַּקָנוֹת תִּיקֵן עֶזְרָא: שֶׁקּוֹרִין בַּמִּנְחָה בַּשַּׁבָּת; וְקוֹרִין בְּשֵׁנִי וּבַחֲמִישִׁי... שֶׁיְּהוּ קּוֹרְאִין בְּשֵׁנִי וּבַחֲמִישִׁי – עֶזְרָא תִּיקֵן?! וְהָא מֵּיְקָרָא בְּשַׁבָּת – מִשׁוּם יוֹשְׁבֵי קְרָנוֹת. וְשֶׁיְּהוּ קּוֹרְאִין בְּשֵׁנִי וּבַחֲמִישִׁי – עֶזְרָא תִּיקֵן?! וְהָא מֵעִיקָרָא הְוָה מִיתַּקְנָא! דְּתַנְיָא: ״וַיֵּלְכוּ שְׁלֹשֶׁת יָמִים בַּמִּדְבָּר וְלֹא מָצְאוּ מָיִם״ – דּוֹרְשֵׁי רְשׁוּמוֹת אָמְרוּ: אֵין מַיִם אֶלָּא תּוֹרָה, שֶׁנֶּאֱמַר: ״הוֹי כָּל צָמֵא לְכוּ לַמִּיִם״. כֵּיוָן שֶׁהָלְכוּ שְׁלֹשֶׁת יְמִים בְּלֹא תּוֹרָה, נִלְאוּ, עָמְדוּ נְבִיאִים שֶׁבֵּינֵיהֶם וְתִיקְנוּ לָהֶם שֶׁיְּהוּ קוֹרִין בַּשַּׁבָּת, וּמַפְּסִיקִין עֶרֶב שַּבָּת, בְּשָׁבָּת, וְקוֹרִין בְּשֵׁבָּת, וְקוֹרִין בְּשֵׁנִי, וּמַפְּסִיקִין שְׁלִישִׁי וּרְבִיעִי, וְקוֹרִין בַּחֲמִישִׁי, וּמַפְּסִיקִין עֶרֶב שַׁבָּת, בְּשֹׁבָּת, וְקוֹרִין בְּשֵׁנִי, וּמַפְסִיקִין שְׁלִישִׁי וּרְבִיעִי, וְקוֹרִין בַּחֲמִישִׁי, וּמַפְּסִיקִין עֶרֶב שַׁבָּת, בְּשֹׁבָּת, וְקוֹרִין בְּשֵׁנִי, וּמַפְסִיקִין שְׁלִישִׁי וּרְבִיעִי, וְקוֹרִין בַּחֲמִישִׁי, וּמַלְּיבוּ בְּלֵא תִּוֹרָה.

Ezra the Scribe instituted ten ordinances: that communities read the Torah on Shabbat in the afternoon; and they also read the Torah on every Monday and Thursday...

"That communities shall read the Torah on Shabbat afternoon": This ordinance was instituted due to those who sit idly on street corners. "And that they should read the Torah on every Monday and Thursday": Did Ezra institute this practice? But it was instituted from the beginning! As it is taught in a *baraita* with regard to the verse: "And they went three days in the wilderness, and found no water" (Exodus 15:22). Those who interpret verses said that water here is referring to nothing other than Torah, as it is stated: "Ho, everyone who thirsts, come for water" (Isaiah 55:1). Since the Jews travelled for three days without hearing any Torah, they became weary, and therefore the prophets among them arose and instituted for them that they should read from the Torah each Shabbat, and pause on Sunday, and read again on Monday, and

pause on Tuesday and Wednesday, and read again on Thursday, and pause on Shabbat eve, so they would not tarry three days without hearing the Torah.

7. Peninei Halakha, Prayer, Chapter 22

והבינו משה רבנו ותלמידיו הזקנים והנביאים, שהצמאון למים נגרם מפני ששלושה ימים רצופים לא עסקו ישראל באופן ציבורי בתורה. והתורה נמשלה למים, שכשם שהמים מחיים את כל החי והצומח בעולם, כך התורה מחיה את הנשמה. ומאחר שהתנתקו מעט מהתורה, פסקו גם מעיינות המים מלנבוע. מן הסתם תלמידי החכמים שבדור למדו באותם שלושה ימים, אלא הכוונה ששלושה ימים לא עסקו ישראל בתורה באופן ציבורי, ולכן תיקנו שיקראו בתורה בכל יום שני וחמישי ושבת, כך שלעולם לא יעברו על ישראל יותר משלושה ימים ללא קריאה ציבורית בתורה.

Moshe Rabbeinu, and his disciples, the elders and the prophets, understood that the thirst for water was a result of three consecutive days during which Israel did not communally engage in Torah study. Torah is likened to water, for just as water sustains all that lives and grows in the world, so Torah sustains the soul. Since the **nation** became slightly detached from the Torah, the springs of water also ceased to flow. Although the Torah scholars of that generation most probably learned Torah during those three days, for three days the nation of Israel did not engage in Torah publicly. Therefore, it was established that the Torah would be read every Monday, Thursday, and Shabbat, so that never again will more than three days pass when Israel does not publicly read from the Torah.

8. Babylonian Talmud, Brakhot 8a

אָמַר רַב הוּנָא בַּר יְהוּדָה, אָמַר רַבִּי אַמֵּי: לְעוֹלֶם יַשְׁלִים אָדָם בֶּּרָשִׁיוֹתָיו עִם הַצִּבּוּר. שְׁנַיִם מִקְרָא וְאֶחָד תַּרְגוּם.

Rav Huna bar Yehuda said that Rabbi Ami said: A person should always complete his Torah portions with the congregation. [During the week prior to each Shabbat, one is required to read] the Bible text of the weekly portion twice and the translation once.

9. Sefer Ha-Hinukh, Introduction

ּוְאַחַת מִן הַמִּצְוֹת, וְהִיא עִקָּר וִיסוֹד שֶׁכֵּלֶּן נִשְׁעָנוֹת עָלָיו, הִיא מִצְוַת לְמוּד הַתּוֹרָה, כִּי בַּלְמוּד יֵדֵע הָאָדָם אֶת הַמִּצְוֹת וִיקַיֵּם אוֹתָן. וְעַל כֵּן קָבְעוּ לָנוּ חֲכָמֵינוּ זַ"ל לְקְרוֹת חֵלֶק אֶחָד מִסֵּפֶר הַתּוֹרָה בִּמְקוֹם קּבּוּץ הָעָם, שֶׁהוּא בֵּית הַכְּנֶסֶת, לְעוֹרֵר לֵב הָאָדָם עַל דִּבְרֵי הַתּוֹרָה וְהַמִּצְוֹת בְּכֶל שָׁבוּעַ וְשָׁבוּעַ עַד שֶׁיּגְמְרוּ כָּל הַסֵּפֶר... וְעוֹד חִיְּבוּנוּ חֲכָמִים זַ"ל לְקְרוֹתוֹ כָּל אֶחָד מִיִּשְׂרָאֵל בְּבֵיתוֹ בְּכֶל שָׁבוּעַ וְשָׁבוּעַ כְּמוֹ שֶׁקּוֹרִין צִל הַסֵּפֶר... וְעוֹד חִיְּבוּנוּ חֲכָמִים זַ"ל לְעוֹלָם יַשְׁלִים אָדָם פָּרָשִׁיּוֹתִיו עִם הַצִּבּוּר, כְּדֵי שֻׁיַשְׂכִּיל בִּדְבִרִים יוֹתֵר בִּקְרוֹתוֹ אוֹתָם בְּבֵיתוֹ.

And one of the commandments is the root and principle that all lean upon — and that is Torah study — as through study a person will know the commandments and fulfill them. And hence our Sages, may their memory be blessed, fixed for us to read a portion of the Book of the Torah each and every week in the place of the gathering of people — which is the synagogue — to arouse the heart of a man about the words of the Torah and the commandments, until they finish the whole Book... And the Sages, may their memory be blessed, further obligated us that every one of Israel read it in his home each and every week in the way that we read it in the place of gathering. And that is [the meaning of] their, may their memory be blessed, saying (Berakhot

8a), "A person should always finish his sections with the community" — so that he understand things better with his reading them at home.

10. Zohar, Parashat VaYakhel, 17:223

ּכַּד סָלִיק סֵפֶּר תּוֹרָה לְתַמָּן, כְּדֵין בָּעָאן כָּל עַמָּא לְסַדְּרָא גַּרְמַיְיהוּ לְתַתָּא, בְּאֵימָתָא בִּדְחִילוּ בְּרֶתֶת בְּזִיעַ, וּלְכַוְונָא לִבַּיִיהוּ, כְּמָּה דְּהַשְׁתָּא קַיִּימִין עַל טוּרָא דְּסִינַי לְקַבְּלָא אוֹרַיְיתָא, וְיֵהוֹן צַיְיתִין וְיִרְכוּן אוּדְנַיִיהוּ. וְלֵית רְשׁוּ לְעַמָּא לְמִפְתַּח פּוּמֵיהוֹן, אֲפִילּוּ בְּמִילֵי דְּאוֹרַיְיתָא, וְכָל שֶׁכֵּן בְּמִלָּה אַחֲרָא, אֶלָּא כֻּלְהוּ בְּאֵימָתָא, כְּמֵאן דְּלֵית לֵיהּ פּוּמָא וְהָא אוּקְמוּהָ, דְּכְתִּיב, (נחמיה ח׳:ה׳) וּכִפְתָחוֹ עַמָּדוּ כַּל הַעָם. (נחמיה ח׳:ג׳) וְאַזְנֵי כַל הַעָם אֵל סֵפֶּר הַתּוֹרַה.

When the Torah reaches the Bimah, the people should prepare themselves with the proper awe and trembling, as if they were standing at Mount Sinai and about to receive the Torah. They should listen to each and every word [of the Torah Reading] and they have no permission to speak even words of Torah and especially not mundane conversation. Rather they should stand there with trepidation and silence, as if they have no mouth to speak, as it is written: "As he opened it, all the people stood up" (Nehemia 8:5) and "the ears of all the people were given to the scroll of the Torah" (Nehemia 8:3).

11. R. Joseph B. Soloveitchik, Nefesh Ha-Rav, 136

Reading the Torah in public is not just to learn Torah. Rather, it is also meant to set an encounter with God, like what happened for our ancestors at Sinai. Every reading is a new giving of the Torah, bringing to life the wonderous standing at the bottom of the mountain that was burning in the fire... Public Torah reading affects a Divine revelation, and whenever a person feels the presence of God, that person is obligated to sanctify the name of God, and to give praise and thanks... The stringency of Maharam of Rothenburg to stand during public Torah reading is based on this principle... Standing is a result of experiencing revelation.

12. R. Eliyahu Monk, Olam Ha-Tefillah, 180

קריאת התורה נבדלת מיתר התפילות בכך, שהיא בשורת ה' אל ישראל, בעוד שאר התפילות – קריאות ישראל הן אל הקב"ה. לכן כשמציע החזן את תפילותיו של הכלל לפני ה', הוא מתייצב כשליח ציבור לפני התיבה. ואולם בתורה קוראים בתוך הקהל מעל בימה, כביכול הקב"ה, כמלך מלכי המלכים, מאסף את עמו סביב לכיסא מלכותו, כדי להודיע לו את רצונו במעמד חגיגי.

The Torah reading is different than the rest of the prayers, because it is God's calling to Israel, whereas the other prayers are Israel's calling out to God. Therefore, when the prayer leader offers the prayers of the community to God, he stands as the representative of the community before the ark. But the Torah is read amongst the congregation on the *bimah*. God, as it were, as the King of kings, gathers His people around His royal throne, in order to tell them His will as on a festive occasion.

13. R. Dov Singer, Prepare My Prayer, Recipes to Awaken the Soul

When we read the Torah, we are not only reading, but also calling God by name, And God calls back.

During the Torah reading we are passive,

We don't say anything

We don't respond at all
Only listen.
From within the congregation one rises,
The Torah reader,
And calls God in the name of us all,
And the Holy Blessed One calls back in response.

Torah reading is the time in our prayer when we stop for a moment, We cease saying our part in the prayer,
And listen to what the Holy Blessed One has to tell us this week.
This is not the time for ideas about the weekly reading,
Or for studying the Torah's commentaries,
Rather for the Torah reading, for the calling:
A time for listening to Divine speech
Bursting from the Torah.

We direct our hearts to listen to the reading, To awaken, to evoke the ancient words, To transform the reading to a calling, To hear the Torah calling to us.

14. R. Avi Weiss, Holistic Prayer, 243

Tefilla and Torah are indelibly linked... The prayer service itself is punctuated with Torah... A central part of the prayer services are those times when we read from the Torah scroll...

In the end, prayer, Torah, and service interface as they are all transformative. Prayer has the power to alter one's moral plane, and, in so doing, turn the individual into a new person. Torah is often referred to as *Mikra*, a calling, as it is a call to change ourselves, our community, our people, and the world... And acts of loving kindness by their very definition impact society, changing the status quo. To be serious about *tefilla*, one must integrate all these values, making it a holistic experience....

In the end, one should pray with a community inspired by a mission which recognizes that prayer is an inclusive endeavor, a holistic enterprise – meshing God with Torah and good deeds.

Not only does holistic *tefilla* encompass Torah and good deeds, but Torah and good deeds may be a form of *tefilla*.... In *tefilla*, the human being sings to God. In Torah, God sings to the human being. Together, they harmonize, expressing the ultimate song of unity between heaven and earth...

The way I talk and walk and conduct myself in business; the way I eat and love and interact with others; the way I treat the forlorn, the hungry, the homeless – my very being, my very essence, my every endeavor is *tefilla*, holistic prayer.

15. R. Dov Singer, Prepare My Prayer, Recipes to Awaken the Soul

In communal prayer we come together to stand before God Facing our lives, facing our existence.

In communal prayer, I am not alone, I don't need to hold everything by myself. I have partners. A sacred community.

We are like a philharmonic orchestra:

One plays the flute, another the piano, yet another the drums,

Each person playing their own part.

At times the violin rests and the piano plays boldly

And then they switch.

There are many roles:

One prays, another calls out to the Kohanim,

Another collects the prayer books.

We are like a single body

With one whose strength is in the hands, another in the legs,

Another in the ears, and another in the eyes,

Each one focusing on a different part, each one opening a different gate.

And even I, perhaps in a different time in my life, once merited to say with intention

What now is lost to me.

Not everything rests on my shoulders

Here and now

I am not alone

My existence began before me

And my friends are here, surrounding me

Playing together

Focusing together

Praying together

To the Master of the World.

16. Naomi Shemer, "The Song of the Grasses"

דַע לְךָּ שָׁכָּל רוֹעֶה וְרוֹעֶה יֵשׁ לוֹ נִגוּן מְיוּחָד מִשֶׁלּוֹ דַע לְךָ שֶׁכָּל עֵשֶׂב וְעֵשֶׂב יֵשׁ לוֹ שִׁירָה מְיוּחֶדֶת מִשֶׁלּוֹ וּמִשִׁירַת הָעֲשָׂבִים נַעֲשֶׂה נִגוּן שֶׁל רוֹעֶה

כַּמָּה יָפֶה כַּמָּה יָפֶה וְנָאֶה כְּשָׁשׁוֹמְעִים הַשִּׁירָה שֶׁלָּהֶם טוֹב מְאֹד לְהִתְפַּלֵל בֵּינֵיהֶם וּבְשִׂמְחָה לַעֲבֹד אֶת ה' וּמִשִׁירַת הַעֲשַׂבִים

מָתְמַלֵּא הַלֵּב וּמִשְׁתּוֹקֵק

Know that
each and every shepherd
has his own tune.
Know that
each and every blade of grass
has its own song,
And from the song of the grasses
is born the shepherd's melody.

How beautiful, how lovely and fitting it is to hear their music. Good indeed it is to pray among them, serving God in joy As the heart, awakened with the grasses' song, fills with yearning.